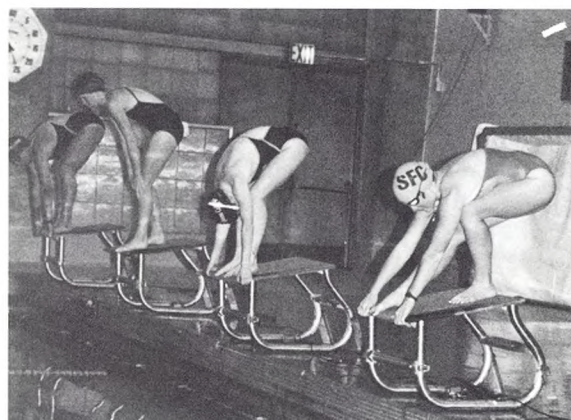
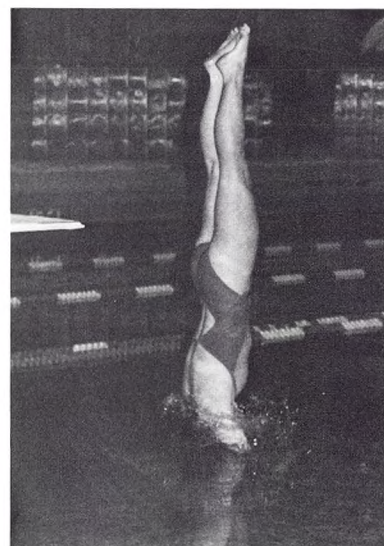


1989-1990 Women's Swimming and Diving Schedule

| | | |
|--------|-----------------------|----------------|
| 11/18 | Relay Carnival | Iona |
| 11/30 | Seton Hall | Home |
| 12/1 | Hunter | Away |
| 12/4 | St. Peter's | Away |
| 12/8 | Queens | Away |
| 1/20 | USMMA | Home |
| 1/23 | Kean | Home |
| 1/27 | Brooklyn | CCSU |
| 1/31 | Manhattan | Away |
| 2/3 | Montclair State | Home |
| 2/9-11 | MCSC Championships | Kings Point |



The 1989-1990 Women's Swimming Team had a good year in going 7-3 following a disappointing 1988-89 season. The team is led by Alicia O'Donnell, captain. Alicia's season's best includes 6:02 500 yard free-style and 1:05 100 fly. The underclassmen did equally well in times. They achieved excellent times in breaststroke, freestyle, and fly. Danielle Reichart, the Terrier diver, proved the team proud.

With the continued personal improvement of times, and the added addition of an incoming freshman class, the Lady Terriers will be forced to be recognized.

WOMEN'S VOLLEYBALL



Left to Right: Rachel Bучери, Suzanne Gleason, Clare Guerrero, Michelle DeBonis, Kristen Miller, Karen Erving, Cristina Castano, Tara Leary, Teresa Stuto, Gina Lynch.

Darlene Crowe enters her second year as head coach of the St. Francis Women's Volleyball team. She is a graduate of LIU — C.W. Post. As a two-time varsity player and a starter for the 1989 Lady Pioneer Team, Darlene has the experience to guide the St. Francis Volleyball team to victory in the future. Eileen Guzman enters her first season as assistant coach after graduating from St. Francis in June 1989. She was a four year starter in volleyball as well as team captain.

The team finished with a 13-19 overall record. The outstanding players include Senior Teresa Stuto, Junior Lisa Paskewitz and Karen Erving. Crowe commented on her senior player, "Teresa has given four good years to St. Francis. When she played, she gave 110 percent every time." "She played her heart out — held the team together." Lisa Paskewitz was a strong spiker and improved tremendously. Karen Erving's "aggressiveness made her unstoppable." The whole team proved strong and very competitive.