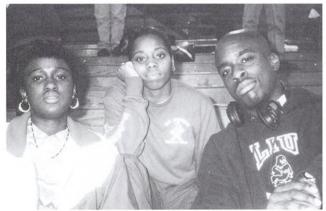
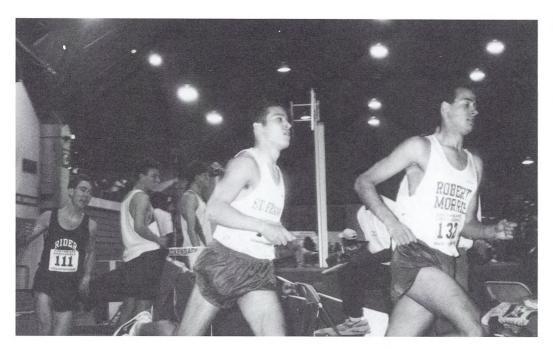
## Track







Are we almost finished yet?



Cross Country, Indoor, and Outdoor Track & Field

St. Francis track teams have completed against some of the best athletes and track and field programs in the country. The cross-country season begins in the early fall and finishes right before winter - when the indoor season begins. The outdoor season starts in the spring. Throughout each track season, the Terriers have completed against athletics who have gone on to win Olympic medals and compete professionally. The NEC has a reputation for being a highly=competitive conference in track and field, and the Terriers have participated in several meets such as the Colonial and Penn Relays; Kings College Invitational; Seton Hall Open; and the West Point Invitational. Terrier athletes have also ran in the Millrose Games at Madison Square Garden.



Everyone get ready . . . . get set . . . . .